

# Pre-Departure Orientation

# USA



# Objective

**To familiarize the student with all aspects of his journey, Career and life in the land of opportunities and improve his preparedness for a smooth transition.**

# Components

- Things to be done in advance
- Money matters
- What to pack?
- Leave back at home
- Port of entry Procedures
- Post Arrival Formalities
- Post Study Scenario
- Culture Related
- Success Mantra
- Part time jobs
- Final Punch

# Things to be done in advance

- Check everything with ISO
- Buy Air tickets (Weight, Dimensions)
- Complete Vaccinations (MMR, TB, Hepatitis-B)
- Arrange for extra sets of transcripts
- Keep ready the list of USA contacts
- Book the accommodation and airport pickup
- Undergo RTPCR test 48hrs before travel
- Activate international roaming

# Money Matters

- First semester fee
- Initial expenses - \$1500 - \$2000
- Travel expenses - \$200 - \$300

## Note:

- Carry Forex card
- Carry Debit / Credit Cards



# What to Pack ?



# Things to Carry

## Luggage & Bags

- Branded 4 Wheeler Trolley Bags
- Backpack
- Pouch (for Passport, Air ticket, Mobile)



# Medicines

- A pouch to keep all medicines
- Multivitamin Tablets
- Fever / Body Pains : Paracetamol
- Vomiting : Vomikind
- Diarrhea : Lomotil, Eldopar
- Skin Infection : Anti-fungal Cream and Powder
- Common Cold : Cold act, Vicks
- Stomach Pain : Meftal Spas, Spasmonil
- Zandu Balm, Pain Relief Spray

**Note :** Please carry prescription





# First-Aid Kit

- Crepe Bandage
- Skin tape
- Cotton Role & Gauze
- Scissors
- Disposable Gloves
- Normal Saline
- ORS
- Antiseptic Cream



# Electronic Gadgets

- *International Adapter*
- Power Bank
- Charger and Cables
- Pen Drive
- Headphones
- *Laptop*
- Digital Weighing Scale



# Food Items

- Snacks
- Maggie Noodles
- Daal & Rice (1 Kg for emergency)
- Oats Sachets
- Garam Masala
- Chilli Powder
- Turmeric Powder
- Coriander Powder
- Coffee / Tea Powder



# Personal Hygiene

- Tooth Brush & Tongue Cleaner
- Tooth paste
- Shaving kit
- Deodorant
- Hair Brush
- Nail Cutter
- Sunscreen lotion / Moisturizer
- Body Wash, Face Wash & Hand Wash
- And other cosmetic items



# Kitchenware

- Non-Stick Kadai,
- Non-Stick Tawa
- Oil Dispenser
- Rolling board and pin
- Induction cooker
- Microwave safe Bowls
- Plates, Glasses
- Spoons, Forks & Knives



- Tongs ,Peeler
- Serving spoon sets
- Air tight Tupperware containers
- Tea vessels
- *Water bottle*
- Strainer



# Clothing

- *Under Garments*
- Thermal ware
- *Winter Jackets*
- T-shirts
- Sweat Shirts
- Jeans
- Formal Pants and Shirts
- Shorts
- *Suits*



- *Traditional Dress*
- Rain coat
- Umbrella
- Formal Shoes
- Sport Shoes
- *Flip-flops*
- Socks
- Blankets for winter





# Accessories

● Pens and *Notebooks*

● Wallet / Hand Bag



● Belt

● Cap



● Shades

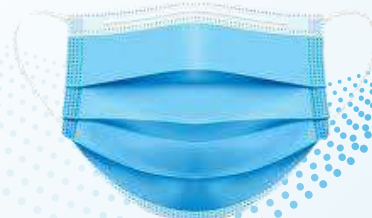
● Watch

● Hand kerchief

● Towels

● *Spectacles*

● Face Masks



# Cabin Baggage

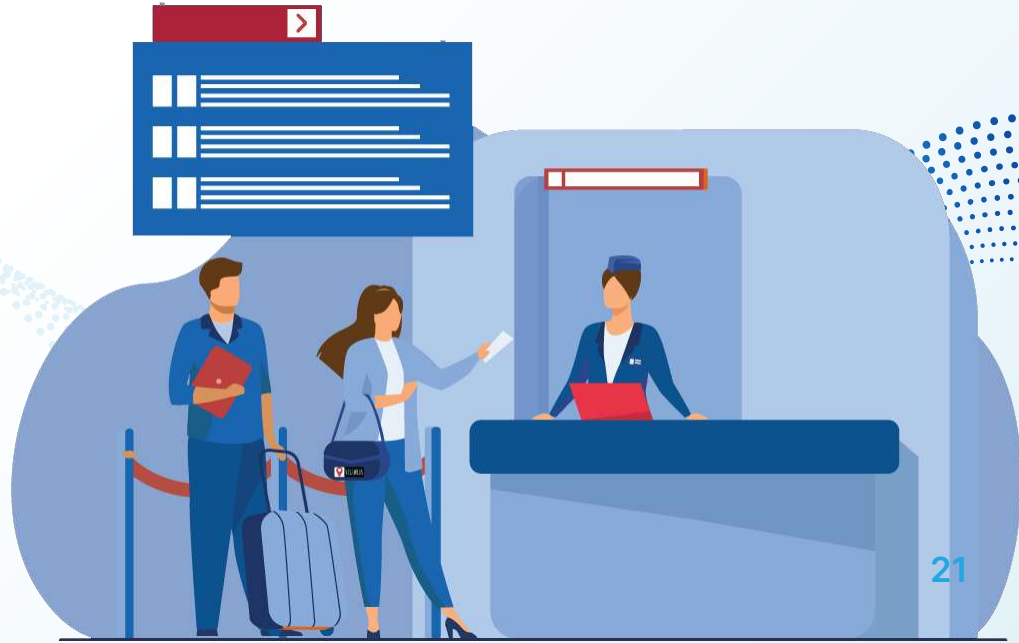
- **Original Passport**
- **Address book**
- **I-20**
- **Basic medicines**
- **One extra set of clothes**

- **Air tickets**
- **Passport size photos**
- **All original academic certificates**
- **Cash**
- **Mobile with charger**
- **Pen**

# Leave back at home

- **Few copies of all documents**
- **A few blank signed papers**
- **Several Sets of transcripts**
- **Tailoring measurements**
- **Medical history files**
- **US contact addresses**

# Port of entry Procedures



# Port of entry Procedures

- Immigration Check  
(<https://I94.cbp.dhs.gov..Download I-94 - Automatic>)
- Customs Check (Forms, Food, Value)
- Security Check

**Note :** Be prepared for normal questions.



# I-94 Form



We make your tomorrow  
Overseas Education Consultants

DEPARTMENT OF HOMELAND SECURITY  
U.S. Customs and Border Protection

OMB No. 1651-0044

Admission Number: \_\_\_\_\_ *Welcome to the United States*

### I-94 Arrival/Departure Record - Instructions

This form must be completed by all persons except U.S. Citizens, returning resident aliens, aliens with immigrant visas, and Canadian Citizens, visiting on its name.  
Type or print legibly with pen in ALL CAPITAL LETTERS. Use English. Do not write on the back of this form.

This form is in two parts. Please complete both the Arrival Record (Items 1 through 13) and the Departure Record (Items 14 through 17).

When all items are completed, present this form to the CBP Officer:

Item 7 - If you are entering the United States by land, enter **LAND** in this space. If you are entering the United States by ship, enter **SEA** in this space.

CBP Form I-94 (I-94)

OMB No. 1651-0044

Admission Number: \_\_\_\_\_

Admission Number: \_\_\_\_\_

### Arrival Record

1. Family Name	
2. First (Given) Name	3. Birth Date (Day/Mo/Yr)
4. Country of Citizenship	5. Sex (Male or Female)
6. Passport Number	7. Airline and Flight Number
8. Country Where You Were Born	9. City Where You Resided
10. City Where Visa Was Issued	11. Date Issued (Day/Mo/Yr)
12. Address While in the United States (Number and Street)	
13. City and State	

CBP Form I-94 (I-94)

Departure Number: \_\_\_\_\_

Departure Number: \_\_\_\_\_

### I-94 Departure Record

14. Family Name	
15. First (Given) Name	16. Birth Date (Day/Mo/Yr)
17. Country of Citizenship	

CBP Form I-94 (I-94)

See Other Side

STAPLE HERE

### This Side For Government Use Only Primary Inspection

Applicant's Name \_\_\_\_\_  
Date Referred \_\_\_\_\_ Time \_\_\_\_\_ Insp.# \_\_\_\_\_

#### Reason Referred

212A   PP  Visa  Parole  SLB  TWOV  
 Other \_\_\_\_\_

#### Secondary Inspection

Lead Secondary \_\_\_\_\_  
Time \_\_\_\_\_ Insp.# \_\_\_\_\_  
Disposition \_\_\_\_\_

18. Occupation \_\_\_\_\_ 19. Waivers \_\_\_\_\_

20. CIS A Number \_\_\_\_\_ 21. CIS PCO \_\_\_\_\_  
A- \_\_\_\_\_

22. Petition Number \_\_\_\_\_ 23. Program Number \_\_\_\_\_

24.  Bond \_\_\_\_\_ 25.  Prospective Student \_\_\_\_\_

26. Itinerary/Comments \_\_\_\_\_

27. TWOV Ticket Number \_\_\_\_\_

Warning: A nonimmigrant who accepts unauthorized employment is subject to deportation.

Important - Retain this permit in your possession; you must surrender it when you leave the U.S. Failure to do so may delay your entry into the U.S. in the future.

You are authorized to stay in the U.S. only until the date written on this form. To remain past this date, without permission from Department of Homeland Security authorities, is a violation of the law.

Surrender this permit when you leave the U.S.:

- By sea or air, in the transportation lane;

- Across the Canadian border, to a Canadian Official;

- Across the Mexican border, to a U.S. Official.

Students planning to reenter the U.S. within 30 days to return to the same school, see "Annual Departure" on page 2 of Form I-20 prior to surrendering this permit.

#### Record of Changes

Port: \_\_\_\_\_  
Date: \_\_\_\_\_  
Carrier: \_\_\_\_\_  
Flight #/Ship Name: \_\_\_\_\_

Departure Record



# In Case of Internal Transit

- **After customs, go for internal carrier**
- **Prefer through routing of your luggage**
- **Note terminal and gate**
- **Foot or coach or train**
- **If not through routed, check in the luggage again**
- **Be Patient at security check**

# Post Arrival Formalities



# Post Arrival Formalities

- Meet foreign students advisor at ISO
- University ID card
- Attend International Student orientation
- Register for classes
- Pay your tuition
- Social Security Number
- Open the bank account
- Sim card under family plan..20 dollars (AT&T, Verizon)
- Transfer electricity bill and gas

# Social Security Number

- Like Aadhar
- Require a job offer
- Approach a social administration office
- Carry passport, I-20, I-94, job offer, employment verification document
- Receive it in 14 days



# Expenditure

<b>S. No.</b>	<b>Description</b>	<b>Cost in USD</b>
1	Rental	250 to 400
2	Groceries and food	100
3	Utilities	20 to 50
4	Phone bill	20 to 30
5	Car... Gas... insurance...	100
6	Miscellaneous	100
<b>Total</b>		<b>590 - 780</b>

# Post Study Scenario

- **CPT & OPT**
- **H1B**
- **Green card**
- **Citizenship**

# Culture Related





# What is Culture Shock?

- The process of mentally, physically and emotionally adjusting to a new environment.
- It ranges from mild annoyance to frustration.
- It has three phases
  - Euphoria
  - Irritability and hostility
  - Gradual adjustment

- **Price match.. No MRP in USA.. u can show online price in Amazon and haggle.**
- **Traffic... Pedestrians.. white light... left hand drive**
- **People are super friendly and wish everywhere.**
- **In stores, people explain the options patiently.**
- **Plagiarism(turn it in)**

# Characteristics of American Culture

- Individualism and Independence
- Privacy
- Egalitarianism
- Time
- Informality
- Future oriented
- Achievement and Action Oriented
- Honesty and Directness

# Cultural Adaptation

- Be open minded
- High standards of hygiene
- Respect your country
- No back biting
- Staring not encouraged
- Knock the door and wait
- Be self-dependent

- **Dignity of labour**
- **Don't lie**
- **Social meetings – go Dutch**
- **Don't label things as good or bad**
- **Be prepared for temporary discomfort**
- **Be a citizen of the world**
- **Don't be culture centric**

# Success Mantra



# Tips for success in USA

- **Communication**
- **Accent (TA.. PA.. CA.. RA.. EXAM.. Professor.. )**
- **Clarity**
- **Speaking Straight – Specific**
- **Saying thank you & please**
- **Sense of appreciation**
- **Do home work**

- **Internships**
- **Professional networking**
- **Apply maximum Part time jobs in your field**
- **Know about centres**
- **Join in Clubs**
- **Do certifications**
- **Participate in competitions & develop network**



# Part time jobs

- 20 hrs. a week and 40 hrs. during sem breaks.
- Salary range 8 to 14 dollars.
- Places
  - Cafeteria
  - Labs
  - Library
  - Tutoring
  - Career centre

- **Social media management**
- **Dish washing**
- **Cooking**
- **Career centre assistant**
- **How?**
  - **University portal**
  - **Apply maximum**
  - **Contact seniors**
  - **Network**

# Final Punch

- **Everything online.**
- **Book appointments for everything.**
- **Join whatsapp groups.**
- **Take the support of seniors.**
- **Take it as a learning curve and enjoy the whole process.**

- **Be organized right from packing.**
- **Write down everything.**
- **Ask questions.**
- **Don't take anything for granted.**
- **Be prepared for hard and exciting times.**



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Overseas Education Consultants

Thank you

&

Bon voyage



